\*\*\* Free EBOOK\*\*\*

# Your Journey of Personal Transformation Begins HERE:

## An Introduction to Understanding Your Human Design Chart



by Evelyn Levenson, MBA Certified Human Design Specialist *Your Success By Design Coach* 





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#### Disclaimer

The information and suggestions in this report are of a general nature and for the benefit of individuals from all walks of life. They are based on my training and experience in the area of Human Design and are not intended to imply that you should follow these guidelines without the benefit of a deeper understanding of your personal Human Design information.

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### "Your Journey of Personal Transformation Begins HERE:

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#### Introduction

Understanding your free Human Design Chart\* is your first step towards discovering new truths and profoundly practical knowledge about yourself. Although nothing can take the place of a personalized, private full Human Design Reading, having a simple understanding of your Human Design can start you on a beautiful journey of self-discovery and self-empowerment. \**If you haven't requested your personal Human Design Chart yet, click <u>here</u>* 

This free Ebook will introduce you to **HUMAN DESIGN**, a unique and powerful personality assessment tool. Here are *just a few* of the things that you can **learn about YOU** from Human Design:

The decision-making and action-taking Strategy that is specifically and personally correct for YOU

- Your role in life (every part of your life works better when you work with who you are designed to be...rather than against it)
- > How to find and follow YOUR right career path and life path
- Your specific strengths and vulnerabilities (and how to truly work from your strengths and minimize where you are vulnerable)
- Your areas of deep wisdom and potential pain (and how to maximize the wisdom and avoid the pain)
- The energetic "blueprint" you were born with—which shows how YOU process energy—and how that affects your everyday life
- > Your personal learning style (and why that's SO important to know)
- > Your soul's purpose—why you are here!
- How you uniquely interact in relationship to others, and how to improve your relationships (no matter how good or how bad they are right now)
- How to choose a mate (or business partner) who is compatible with you, and how to work out any issues between you
- And so much more.....

What you *get* from understanding your personal Human Design is life-changing self-knowledge, and decision-making clarity.

What this *gives* you is greater ease, more success, solid self-confidence, and a sense of fulfillment in every area of your life.

Forget struggle, uncertainty, stress, frustration, and self-doubt. With this tool, you'll finally step into your **power**, your **effectiveness**, and your **natural ability to attract what you want into your life!** 

This may sound too good to be true, but my clients will attest to it. And I'm very excited about sharing this amazing system with you, but first...

#### ...Who Am I and Why Should You Listen to Me?



Despite several college degrees (including an MBA) and much business success, I struggled for years to find my true calling. I knew there was more I could do—and really wanted to do—I just didn't know what it was or how to find it.

After many years of seeking, learning and experimenting, I finally found a **system** that reliably and profoundly fills in the missing pieces of information about our personalities and our life purpose.

That system is **Human Design**. It helped me find what I was looking for and improved my life in profoundly unexpected ways. It gave me clarity, a sense of purpose, self-confidence, and a new direction.

I was so impressed with Human Design that I studied it and became a certified specialist so I can help others to discover *their* key personality traits, their purpose, and their unique self-empowerment.

As I continue to study advanced Human Design courses and work with hundreds of people on their Human Design Charts, I am constantly astounded at the accuracy, profound insights, and practical solutions it provides for living a fulfilling and successful life.

My private, one-on-one Human Design Readings are changing my clients' lives in amazing ways. (A Full Reading is a fascinating and enlightening three-hour exploration of the specific energetic configuration that YOU were born with, and how you can use that knowledge to improve your life.)

"After one phone session with Evelyn, I already feel different. About myself. About others. Human design is the answer to most questions I've had my entire life. I feel more confident in interacting with people thanks to centuries old, plainspoken golden nuggets, which she shared. Evelyn is well-spoken, clear-spoken and, best of all, a terrific listener, who is purposed about assisting others ready to (over-used word yet applies here) empower themselves. You, too, can be a screen door and not a sponge. Ask her. Today."

~ Mary Ketarkus Brown, Illinois

"When Evelyn introduced me to Human Design, I saw that when you stop trying to change your fundamental self and you learn who you are, you can start to make a strategy for moving forward toward your goal. The most important change to come out of my experience with Human Design is that I have let go of the damaging internal dialog that I couldn't guiet."

~ Susanna Douthit, North Carolina

"I have found Human Design to be THE best personality assessment tool I've ever used, and I've had them all! HD differs from the others because it has taught me what I was born with—the way I was before society and parents tried to mold me and fold me into what they felt I should be. I now play my strengths with a confidence I never felt before and no longer fret over my weaknesses. I'm swimming with the current instead of upstream, realizing it's pretty amazing how things work out if I just play my natural strategy."

~ Elizabeth Kittinger, Florida

#### What Is Human Design?

Human Design is a leading-edge personality assessment tool that shows you **your** best decisionmaking strategy, your unique gifts and talents, where you carry your pain, and where you have the greatest potential for great wisdom. It shows you the energetic configuration you were born with. And it reveals the *magnificent being you are designed to be.* 



Understanding your Design will improve your success and effectiveness in the world, and increase your sense of confidence, ease and fulfillment. It can also improve your relationships, your career and business success, and your health.

Human Design is a synthesis of Eastern and Western Astrology, the Chinese I'Ching, The Kabbalah (Tree of Life), the Hindu Chakra System and modern Quantum Physics. You can learn more about Human Design on my website by clicking <u>here</u>.

Your Human Design Chart is calculated using your birth date, time and place. An accurate birth time will help ensure an accurate Chart, but if you don't know your exact birth time please request your Chart anyway. Simply indicate as much as you know (if anything) about your birth time. Even without precise accuracy, your Chart can still be very useful to you. If you wish to have a Full Reading but do not have accurate birth time, I will run your Chart every few hours during your birth date and together we will select the Chart that best fits you.

#### What Is A Human Design Chart?

A Human Design Chart (called a Body Graph) represents a snapshot of the astronomical influences present at your precise moment of birth. It is these influences that determine your personality characteristics, the themes in your life, and your chosen path.



It essentially shows the "DNA" of your personality. In that way it is similar to the fixed biological structure we are all born with which is determined by our genetic DNA.

While our environment can affect our nature in many ways, certain characteristics never change.

If you have brown eyes, for example, you will always have brown eyes. If you are male you will always be male (barring surgery). Your genes, in other words, do not change over time. Similarly, your Human Design Chart—which shows the energy configuration you were born with—does not change over time, although the way you *express* your energies and potentials can change. Your Human Design Body Graph is a blueprint of the way you uniquely process energy and interact with the world—in other words...*the blueprint of who you are.* 

With that in mind, let's take a look at the components of your free Chart and how to understand them. If you haven't requested your free personal Human Design Chart from me yet, click <u>here</u>.

#### **The Nine Energy Centers**

One of the first things you will notice when you look at the large triangular shape on your Chart is that there are nine smaller geometric shapes within that large triangle. There are several triangles and squares, and one diamond shape in the middle of the Chart.

These shapes are called the Nine Centers. Each center carries and manages a certain frequency of energy and relates to specific themes in our lives.

You may notice that some of the centers are colored in and some of them are white. The centers that are colored in are called **defined** or fixed. Having a center defined means that you have a specific and consistent way of processing that kind of energy in your life. For example, if you have the diamond in the center of your Chart colored in (it will be yellow) then you have a defined or fixed Identity Center. When your Identity Center is defined, you have a specific and consistent way of thinking about yourself and where you are going with your life.

The white centers are called open or undefined. When you have an open center it means that you don't have a fixed or specific way of processing that energy. Your open centers are your greatest teachers and the deepest source of your wisdom. In your open centers you can process that center's type of energy in many, many different ways. Your experience and understanding of the energy of that center may be unlimited.

For example, the small triangle on the right middle of the chart is called the Will Center. The Will Center is about processing the energy that brings things forth onto the material plane. When you have an Open Will Center, it means that you don't have a specific way of thinking about money and material resources. The gift the open Will Center gives you is the ability to become very wise about making money and knowing what is truly valuable in life.

The significance of YOUR open centers and defined centers, and how their combination forms your unique personality, is explained thoroughly to you during a full Human Design Reading with me.

Here is a brief overview of the Centers, from the top:

Top Triangle – Head Center: Ideas and inspiration Next Triangle – Ajna Center: Concrete thinking and data processing Next Square – Throat Center: Communication and manifestation into form Next Diamond – Identity Center: Love, direction, identity, and place Small Triangle – Will Center: Will power, value and material things Large Triangle Right –Solar Plexus Center: Emotional energy Large Triangle Left – Spleen Center: Intuition, time, and immune system Square Between Them – Sacral Center: Life force and work force energy Bottom Square – Root Center: Adrenaline energy

#### **The Channels and Gates**

The next thing you may notice on your Chart is that it is covered with lines, some of them colored red, some black, some checkered red and black, and some totally white. Lines that span all the way between two centers are called channels. If you have a channel that is completely colored in (any combination of red, black, or checkered) then the centers on either end of the channel will be defined (colored in). An open (white) center has no *fully* colored channels attached to it.

There are 36 channels in the Human Design body graph. Each channel has two halves called gates. There are a total of 64 gates (some gates are part of more than one channel). The 64 gates correlate to the 64 hexagrams in the Chinese I'Ching. Each gate that is active (colored in) on your Chart adds a different "flavor" to your personality. Gates colored black carry personality traits that you are consciously aware of. For example, if you have the gate 11, The Gate of Ideas, (coming from the lower right side of the Ajna Center towards the Throat) colored black, then you would be consciously aware that you have a lot of ideas! The black gates are derived from the column of black numbers on your body graph Chart, which is calculated from your actual birth date and birth time.

Some of the gates on your body graph are colored red. The red gates are derived from the column of red numbers on your body graph. You may notice that the date above those red numbers is not your actual birth date. This is the date of your "unconscious" personality design. It is 88 astrological degrees earlier than your actual birth date (approximately 3 months). According to Human Design theory, this is the time when your soul fully entered your body before you were born, and when your unconscious personality was formed.

Your red or unconscious gates represent personality traits that you may or may not be consciously aware of. These are traits that many of discover as we travel along the journey of life but, for the most part, we are not always conscious of acting out these personality traits. Unconscious personality traits are completely innocent in their expression through us. You may not be able to control or manipulate your unconscious personality traits.

So, for example, if you have the gate 13, The Gate of the Witness, (coming from the upper right side of the Identity Center towards the Throat) as

unconscious (red), then you may not be aware that your energy field communicates to others that they are safe to share their secrets with you. You probably have no idea why people come up to you, out of the blue, and tell you their deepest, darkest secrets. But you are also not able to use this gift in a deliberate or manipulative way.

If you have checkered red and black gates, you express those particular personality aspects both in your conscious and unconscious definition.

A white line or gate simply means that you have that gate open. You will always take in the energy of that gate from the world around you, but its expression through you will be inconsistent and will depend on your environment (specifically....the people around you).

When you look at the numbers on the left side of the body graph, you will see that each gate number has a small raised number next to it. For each gate there are six possible small numbers, or "lines" (1-6). Each line is a further expression of your uniqueness. The lines of the gates do not show on the body graph itself. The meaning of YOUR defined gates and lines is revealed to you during a Human Design Reading. You can also refer to the traditional Chinese I'Ching to gain more insight into each particular gate.

If you would like to understand YOUR personally "defined" gates, channels and centers, and how those influence who you are in the world and how you experience life, I strongly recommend a full Human Design Reading.

### The Types

When you look at the bottom half of your Chart, you will see your type listed. There are five types in the Human Design system. Each type has a specific strategy for making powerful decisions and taking correct action in life. Your type is determined by the definition (channels and centers) in your Chart. Since your type determines your strategy, it is essential that you understand this feature of your design. To learn more about the five types and their strategies, please refer to my free special report titled "THE #1 SECRET to Making Better Decisions in Your Life, Your Career, and Your Relationships," which you should have already received. (If you don't have that report yet, <u>click here</u> to request your copy.)

#### **The Strategies**

Your decision-making and action-taking strategy comes from your type. **Strategy is the most important knowledge offered by your Human Design Chart**. It gives you key information about how to operate your human vehicle in the world, how to make the right decisions for you, and how to recognize when you are on the right path in life. Following your strategy offers you the opportunity to experience events and circumstances that are correct for you. Not following the strategy for your type brings events and experiences into your life that may not be correct for you. Because learning to follow strategy effectively can take months of practice, you might benefit from the membership and coaching programs that are available after you have received your Full Reading. I created them to provide you with guidance, structure, feedback, support, encouragement, and a deeper and ongoing understanding of living your Design and following your strategy.

### Authority

Authority refers to an aspect of your design that influences your decisionmaking. Although decision-making is tied directly to your strategy, your authority will flavor the way you make your decisions. Authority is determined by certain centers in your personal body graph that have the most powerful influence on decision-making. Not all centers carry authority, so your personal authority will depend on your type and your defined centers.

Authority also is affected by your "conditioning" (the influence of others on your life) and by your level of emotional well-being. When you receive a Human Design Reading, you will understand the learned patterns of pain and coping behaviors that may be keeping you from living the full expression of who you really are. With awareness of these old patterns, you begin to heal and transform those energies into deep sources of wisdom. The more you clear your old energy patterns, the more effectively

your natural decision making skills (and your inner authority) will function. You can then begin to fully use your authority along with your strategy to help you make smarter, more effective decisions in your life.

#### **Personality Profiles**

Profiles tell you about the major life themes that you will experience, and they illustrate another way in which your personality interacts with the world. Everyone comes into the world with a specific profile and purpose. Knowing your profile can help you understand the themes that you will encounter as you move toward fulfilling your purpose.

There are twelve different profiles in the Human Design system. Each of the two numbers in a profile has a specific meaning. The first number in your profile is a major element of your personality that you will be consciously aware of. The second number in your profile is a significant unconscious element of your personality that may be more hidden from you and not within your direct control.

Each profile number is a number 1 through 6. Each of these numbers is called a "line" (the same as the lines of the gates). As with the gates, each of these six lines represents a different archetype or style of behavior.

Here are the archetype names of the six lines:

Line 1 - Investigator	Line 4 - Opportunist
Line 2 - Hermit	Line 5 - Heretic
Line 3 - Martyr	Line 6 - Role Model

The twelve profiles come from specific combinations of two of these lines the first line is your conscious archetype, and second is your unconscious archetype.

Your profile explains *your* particular archetypes, the themes associated with those archetypes, the significance of your combination of two archetypes, and your conscious and unconscious learning styles.

Here are the twelve Human Design profiles:

- 1/3 Investigator/Martyr
- 1/4 Investigator/Opportunist
- 2/4 Hermit/Opportunist
- 2/5 Hermit/Heretic
- 3/5 Martyr/Heretic
- 3/6 Martyr/Role Model
- 4/6 Opportunist/Role Model
- 4/1 Opportunist/Investigator
- 5/1 Heretic/Investigator
- 5/2 Heretic/Hermit
- 6/2 Role Model/Hermit
- 6/3 Role Model/Martyr

A Human Design Reading explains in great detail what types of themes YOU can expect to encounter in your life based on your specific profile.

#### Conclusion

Your Human Design Body Graph Chart contains an amazing amount of personal, practical, and profound information about YOU. This ebook only begins to scratch the surface of what you can learn!

Yet, I realize that all of the information in this ebook might be overwhelming and possibly confusing. There are many details, new terminology, and new concepts.

Rest assured that everything is fully explained in a private "Life Road Map" Full Human Design Reading with me. And I structure the Reading so the information is not overwhelming or confusing.

1) The specific information you hear in a Reading is only about YOU—it is not general like in this ebook—so it is much easier to understand, absorb, and retain. During your Reading we'll look at examples from your own life as we discuss each aspect of your Chart. 2) The Full Reading takes place into three 1-hour telephone sessions, approximately one week apart. In each session we cover specific parts of your Chart, in a logical sequence, so it's easy to make sense of all the information and see how all the pieces work together.

3) Perhaps most importantly, I provide you with a synthesis of all the information in your Chart. Through my training and experience, I weave all of the pieces together into a coherent picture of YOU as you were designed to be! I emphasize the key elements that YOU should focus on, and explain exactly how you personally can improve your experience in this life...based on your Design.

## Now, What's YOUR Next Step For Using This Information To Improve Your Life?

You have your personal Human Design Chart. You have this Ebook. And you probably have my free Special Report "THE #1 SECRET to Making Better Decisions in Your Life, Your Career, and Your Relationships." (Click <u>here</u> if you don't.)

You will soon be receiving my twice-monthly ezine "Design Your Life for Success" with great information and support for living an awesome life.

You know your type, your strategy, and your authority. But how can you USE this information right now? How can you APPLY it in your life to help you make better, smarter decisions?

Please visit my website for products and services designed to help you master your strategy, align with your Authentic Self, and create the life of your dreams! www.HumanDesignforSuccess.com

This ebook has been a very brief introduction to the rich, profound, and very practical knowledge about YOU that is available through Human Design. There is so much more you can learn about how to operate more effectively, improve your relationships, and live a fully expressed, fulfilling and authentic life.

If you're interested and intrigued... and you know you want help to make your life better and authentically express your true magnificence...I urge you to take the next step that feels correct to you. Visit www.HumanDesignforSuccess.com and continue your journey toward making better decisions in your life, your career and your relationships!

I look forward to working with you,

Evelyn

Evelyn Levenson, MBA



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> "Solve Your Toughest Problems, Embrace Your Magnificence, and Create the Life You LOVE"

P.S. Human Design can do so much for you. But let's keep things really simple. What if you could quickly master this reliable way for YOU to make decisions, so that your choices and actions automatically line up with your in-born energetic structure?

This would naturally, almost effortlessly, lead you to BEING the best version of you. You would express your highest potential, and play the role and live the life that you were meant for. Nothing feels as exhilarating as being "on task" with your highest good, and fulfilling your true purpose in life. And it doesn't hurt to be making sound choices and smart decisions all along the way!

All of this and so much more is available to you through a "Life Road Map" Full Human Design Reading with me. If you think you're interested, email me at evelyn@humandesignforsuccess.com. You can learn more about a Full Reading <u>here</u>.

Give yourself the gift of practical self-knowledge. I'll talk with you soon.